

## **Appendix 1 – Summary of Third Sector organisations receiving grant funding from WCCG (2016/17) and associated projects**

### **1. Beacon**

Project Title - Beacon Link-Line

Funding allocated - £22,714

‘Our proposal is to expand current provision into the Wolverhampton area with the added element of an innovative telephone support service – Beacon Link-Line - for people living with visual impairment (VI). The Link-line will provide the vital peer mentoring support needed to VI people who have become or are at risk of being isolated from the community in order to enable them to cope with everyday living and stay independent.’

A team of mainly Visually Impaired & some sighted volunteers will provide weekly calls to clients at least once a week, whether people just want to pass the time of day; have a social chat; are feeling lonely and isolated from neighbours.

### **2. Carers Group - MS Therapy Centre**

Project Title - Carers Support Group

Funding allocated - £2,819

This project is about establishing a carers’ group for carers of those living with Multiple Sclerosis and other neurological conditions. It involves development of a safe regular space for carers to access peer support, advice and guidance and signpost into other services.

‘The project will address the carers own support needs that will sustain the carer in their caring role and help maintain the carers own health and wellbeing through providing a safe space to discuss their own issues, offer direct support and signpost into other services.’

### **3. Compton Hospice**

Project Title - Compton Hospice Isolation Prevention Service for People with Incurable Conditions and Frailty

Funding allocated - £25,000

‘The project will develop a compassionate service, delivered by volunteers who will take end of life care beyond the palliative care boundaries. The service will tackle the debilitating isolation and grief that people often experience alongside physical symptoms and increasing frailty when facing an incurable illness. In collaboration with existing community service providers in Wolverhampton, it will develop a comprehensive directory of services available to service users thus acting as a gateway to other services and support.

A core group of volunteers will be recruited through the hospice to assist the coordination and development of a range of volunteer services, including befriending, to support people to remain in the place of their choice for as long as possible.

The volunteers will take on the role of community champions and will endeavour to

increase community awareness and understanding of the frailty and end of life, and to increase the community's capacity to support those who are living with its effects. '

#### **4. Deafblind UK (DBUK)**

Project Title - DBUK Community Services in Wolverhampton

Funding allocated - £24,480

Community services supporting deafblind people to:

- Combat social isolation;
- Live independently;
- Improve their health and wellbeing;
- Access information and services.

'Experienced Outreach Officers will be making home visits to assess needs, helping with problems and ensuring access to services. Peer support and social groups will be created for activities, friendship, information, and guidance on managing everyday tasks safely and independently. Volunteer befrienders will provide company, conversation and help with correspondence, finances, shopping and getting outdoors. There will be training/support in using accessible digital technology to stay socially connected and well informed. Provision of an Information and guidance telephone/email line is included with at least three telephone calls per year, to check welfare and help with queries/problems. The project also includes the production of a quarterly magazine in an accessible format, containing articles about deafblindness and information on services and products.'

#### **5. Disability Resource Centre (DRC)**

Project Title - Fit for Life

Funding allocated - £23,337

'Fit for Life is an innovative, holistic programme available to disabled people, those with long-term health conditions and people who are elderly/frail, to support them to better manage their impairments and make positive lifestyle changes to improve their health and wellbeing.

Over the course of a year, DRC will run six 10 week courses, which will include weekly 'taster' exercise sessions and Fit for Life workshops.'

#### **6. Gloucester Street Community Centre**

Project Title - Better Care, Together - living well and staying well for longer

Funding allocated - £25,000

'The pilot project aims to deliver a tailor-made package of support to the Elderly (primarily 65+ and from BME and migrant backgrounds) and their families – at the point of accessing NHS hospital services, with the aim of reducing subsequent need/dependency on NHS services. The project will work closely with the Health Services, in identifying those currently in regular contact and/or at risk of regular contact with NHS services. Following an assessment, a tailor-made package of support will be constructed with the involvement of both family and person in need of care (where possible). The package will involve a programme of support, including one-to-one be-friending, transport to weekly social activities (e.g. luncheon club,

exercise classes, coffee mornings and health checks) as well as faith-related activities.

The project will offer an all-round support service that places wellbeing at the centre of the living well and staying well, for longer.'

## **7. Hope Community Project Wolverhampton**

Project Title - Angels of Hope

Funding allocated - £12,907

'The service will provide support for people over the age of 60, who have difficulty managing their lives, and the frail and elderly to enable them to live independently in their own homes and prevent early hospital admission. We will accompany people to medical appointments, provide a pre-arranged 'sitting' service to enable carers to have time to themselves during the day, help with day to day domestic duties in the home, help with shopping, fetching prescriptions and other tasks identified, as appropriate. We will offer a telephone befriending service and a regular visiting service for people who are isolated, those who are unable to leave their own homes, suffer from depression or have low self-esteem. We will arrange social activities, trips and outings to encourage new friendships outside of their home and extended peer circles.'

## **8. Omega, the National Association for End of Life Care**

Project Title - Chatterbox, Action Against Loneliness

Funding allocated - £15,700

Chatterbox is a targeted, telephone befriending, mentoring and facilitation service aimed at clients, especially those in crisis or at risk of losing their independence.

Chatterbox extends independence, enhances wellbeing and supports family care-givers looking after someone with a complex condition to continue their caring role for as long as possible. We help to restore the self-esteem of people who would otherwise have little or no support and encourage them to re-engage with their own social network, or guide them through a difficult situation.

## **9. One Voice - For Disabled People**

Project Title - The Next Step

Funding allocated – £16,900

Our aim is to bring together our existing expertise and work alongside Wolverhampton Homes, to address disabled people and older people's isolation, access to exercise and healthy living and to the internet.

We will begin with a telephone befriending service to identified people by WH as isolated through their vulnerabilities database. We will extend and provide opportunities to get disabled persons to talk to each other and in their communities and arrange a whole host of activities, to include:

- Community walks
- Picnics
- Teach recipes

- Share food
- Use cyber cafes to get people online and learn to use the internet
- Chairobics
- Transport to community gym/ swim facilities

#### **10. Wolverhampton Elder Asian and Disabled Group**

Project Title - Capturing Life Experiences

Funding Allocated - £17,000

'We would like to carry out a project that focuses on improving the life of disadvantaged groups by encouraging inclusion. We have found that women in particular are not taking up services and are leading lonely, isolated and unhealthy lives. We have found that women from BME backgrounds may be isolated due to religious and cultural pressures. Our project will be a positive community one approached via grass roots that will focus on raising health inequalities and developing new skills. We want to promote the wellbeing of people to make later life a fulfilling one. The project will support people to remain independent and able to deal with immediate worries and overcome loneliness and isolation. We also want to target those at risk of becoming lonely and isolated. This will involve developing engagement strategies building on capacity and mutual support.'